



SCRC'S NEWSLETTER

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OFFICE CHAIRS FOR HOME USE

Bringing furniture - chairs or a screen - from your desk to your home for those who are teleworking, as a rule, it's no. The employer has also published its position on the site dedicated to Covid-19 in iO. That said, he is ready to allow certain employees who have special ergonomic chairs to bring them home. The latter must make the request to their manager. There are also tips on iO for setting up a work space at home that should not cause musculoskeletal damage. But do not hesitate to report any unsatisfactory response to your delegate or by writing directly to the union.

WE WANT TO KNOW

There are no wrong questions, only wrong answers. So don't be shy. Reach out to your delegate, write to coronavirus@scrc.qc.ca, call 842-4020 in the 514 in Montreal and 888 4020 outside. Ask questions, share your fears and concerns. Express your grievances and requests. The union is not the employer, but it can hold the employer to account. We have regular meetings. If your manager turns a deaf ear, we have what it takes to clear up his ear canal - with all due respect, of course ...



Growing fatigue

Crédit: Anton/Unsplash

This crisis does not only pose physical health issues, it certainly plays games on the mind. Some of us are fueled by crises. It's exciting, we're working at full tilt and we don't want to miss anything. The danger is not seeing the forest for the trees, you lose all perspective. There are bosses who exaggerate, there are colleagues who do not listen to each other. Result: we begin to see a few falling at the battle. The information sector in Montreal has initiated respite leave: a paid day off offered to a tired colleague. We welcomed the initiative and asked that it be offered to everyone. Being on sick leave for a few weeks or even a few months does not help anyone. It's a marathon, not a sprint. If there is one positive aspect coming from this crisis, it's that the Crown Corporation has never cared so much about the mental and physical health of its employees. It might be a good habit to keep.

To disclose or not the names of colleagues declared positive

Management has chosen not to give the names of those who are officially affected by Covid-19. There were no formal discussions at the union, but anonymity seemed to us a good way of not to put added pressure onto the backs of colleagues who already feel guilty. However, the frugality in the information that management shares fuels unnecessary anxiety and worry. The SCRC will again ask for more transparency, among other things regarding the intervention protocol and the follow-up with office colleagues and the person affected.